

Community

#SupportDG 

EDITION 37
Friday 18 September 2020



Gracefield Arts Centre - Virtual Exhibition : Hay by Mairi Pringle



Be Kind



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What's Inside

Climate Week

Keep your dog safe

Gracefield Arts Centre

www.dumgal.gov.uk/supportdg

Tel 030 33 33 3000

Welcome to Community

Your Dumfries and Galloway Community Bulletin

Welcome to edition 37 of Community



Cllr Elaine Murray
Council Leader



Cllr Rob Davidson
Depute Leader

Welcome to edition 37 of your Dumfries and Galloway community bulletin.

This week, is Scotland's Climate Week, an annual event to highlight climate change.

This is something we take extremely seriously in our region. Our council declared a Climate Emergency and agreed our plan to combat this

in June 2019 and we are working hard to lead by example and making changes to our ways of working, such as changing our council fleet to electric vehicles or by attending meetings virtually online.

By working together and making small changes to our lifestyles we can combat climate change. This issue has some tips you could follow, but we'd also like to hear your views and ideas. Maybe there's something we hadn't thought of?

Let us know what you are doing to make a difference to our planet.

with best wishes

Elaine and Rob

 @dgcouncil

 @DumfriesGallowayCouncil

 Email updates dumgal.gov.uk/newsletters

Climate Champion message



Councillor Dougie Campbell is our Council's Climate Champion.

"Since we declared a Climate Emergency in Dumfries and Galloway last year our council has been working hard on developing plans for the region to be carbon neutral by 2025.

It's an ambitious target and we'll have to work incredibly hard to achieve this. Climate Change is already

impacting on our region and is something we just can't ignore as the world fast approaches a tipping point caused by the rise in global temperatures. So we all need to act now to reduce CO2 emissions. Everyone can help by making practical changes to how we live and work to limit our carbon footprint. And every action you take, no matter how small will make a positive contribution.

During Climate Week I'm asking that you consider what actions you can take to reduce your carbon footprint, tackle climate change and support our ambition for Dumfries and Galloway to be Carbon Neutral by 2025."



If you have a project that helps tackle poverty and inequalities to can apply for area committee funding.

More on the grant fund and eligibility criteria at dumgal.gov.uk/grants

SCOTLAND'S CLIMATE WEEK

14-20 SEP 2020

GREENERSCOTLAND.ORG



This Week Is Climate Week!

Around the world, extreme weather events and erratic temperatures are becoming more frequent. In Dumfries and Galloway, we're already seeing the impacts. Over the past few years we've experienced heatwaves, bush fires, flooding, and warmer than normal winter temperatures. The Council is already working on a number of Flood Protection schemes across our region. The climate emergency is already on our doorstep.

You may think there's not much you can do as an individual, but every little helps, and by making small changes and by encouraging others we can make a difference.

So what can you do to tackle climate change?

- **Active travel** – whether it's walking, wheeling or cycling it's good for your health and wellbeing and helps to reduce the number of petrol and diesel cars on the road.
- **Food** – don't let your food turn bad, only buy what you need – if you can't use it, recycle it and eat local and seasonal.
- **Ultra-Low emission vehicles** – if you are able, make the swap to electric cars and bikes to reduce the number of petrol and diesel cars on the road.
- **Reduce and re-use** - reduce what packaging or single use plastic you use and share or buy second-hand items instead of new.
- **Keep cosy** – make sure your home is draught proof and well insulated. You can also contact Home Energy Scotland on 0808 808 2282 (Mon – Fri, 8am – 8pm, Sat 9am – 5pm) for free and impartial advice on how to make your home more energy efficient.
- **Dial it down** – set your heating thermostats no higher than 19 degrees celsius and water thermostats no higher than 55 degrees Celsius
- **Smart swaps** – swap to eco-friendly LED lightbulbs and more environmentally friendly appliances.

Why not start now? - We're all in this together!

For further advice go to:

<https://www.greenerScotland.org/>

#SCOTCLIMATEWEEK



Scottish Government
Riaghaltas na h-Alba
gov.scot

#SCOTCLIMATEWEEK

Meat Free Meal

Did you know that by replacing meat with a plant-based meal just one day each week you could help slow climate change, conserve precious natural resources and improve your health?

Why not try this veggie burger one day this week to mark Climate Week 2020?

Ingredients

- 2 tablespoons of oil for baking tray
- 1 medium beet, peeled and cut into 1-inch pieces, about 1 cup
- 2 medium carrots, peeled (or leave unpeeled) and cut into 1-inch pieces, about 1 cup
- 1 small onion, peeled, cut into chunks
- 140 g/5oz white or cremini mushrooms (half of a standard 10-ounce package)
- 3 large cloves garlic, peeled
- 1 cup old fashioned oats
- ½ cup walnuts
- 2 teaspoons chili powder
- 2 teaspoons smoked paprika
- 1 teaspoon cumin
- 1 teaspoon salt
- 1 400g (15.5-ounce) can black beans, drained and rinsed
- ½ cup vegan mayonnaise



Courtesy of The McCartney family.

Method

Preheat oven to 190°C/375°F/gas mark 5. Line a baking tray with parchment paper. Brush or spread the oil on the parchment paper and set aside.

Place beets, carrots, onion, mushrooms, and garlic in the bowl of a food processor. Pulse until finely chopped. Empty into a large bowl. Next, place oats, walnuts, chili powder, paprika, cumin, and salt into the processor and pulse several times, leaving some texture to the nuts and oats. Empty into bowl with beet mixture. Finally, place beans and mayonnaise in the processor and pulse to combine, leaving some texture to the beans. Empty into the bowl with the other ingredients and mix everything together.

Using a medium portion scoop or 1/3 measuring cup to scoop mixture onto the prepared baking tray. Use an offset spatula or knife to flatten and create uniform burgers that are 1 ½ inches thick and about 3 to 4 inches wide. Place tray in oven and bake for about 30 minutes. Remove tray from oven and let burgers sit for about 5 minutes to set. Serve alone or on buns with all of the fixings.

Brick 20 21
by Brick

An Exhibition of International LEGO® Brick Art

Gracefield Arts Centre, Dumfries
1 Oct - 16 Jan 2021

The Brick by Brick exhibition on at Gracefield from 1 Oct – 16 Jan gathers the work of artists, designers and photographers from around the world who use LEGO® bricks as their medium or inspiration, creating stunning, thought provoking and often humorous artworks.

This family friendly exhibition provides lots of opportunities for visitors to get involved with a quiz sheet activity, Lucy and Emmet photo booth, LEGO® brick mazes and a LEGO® book library and our online building self-portrait and mini figure competitions.

Please pre book your time slot for a visit on [www/DGCulture.co.uk](http://www.DGCulture.co.uk) or call the Mid-steeple box office (01387 253383) and we'll book for you.

A 20-21 Visual Arts Centre Touring Exhibition



North
Lincolnshire
Council
www.northlincs.gov.uk

Supporting public funding by
ARTS COUNCIL
ENGLAND

20 21
visual arts centre

World War II Crash Site at Glenkens

15 September 1940 was officially named Battle of Britain Day, the day when RAF Fighter Command claimed what proved to be a decisive victory over the German Luftwaffe, and this year marks its 80th anniversary. With the flypast by an RAF Spitfire over Annan Hospital and Dumfries and Galloway Royal Infirmary this week it is a timely to remember the sacrifices made by those brave men and women who paid the ultimate price to defend freedom.

The uplands areas of the Glenkens contain the sites of numerous air crashes. One of the most notable lies on the edge of the Glenkens near Loch Skerrow.

On 18 March 1944, No.440 and No.439 Squadrons of the Royal Canadian Air Force were being moved from RAF Ayr to RAF Hurn in Bournemouth, via RAF Woodvale in Lancashire. Together the two Squadrons were flying a mixture of Typhoons and Hurricanes for offensive operations over France in the run up to the D-Day landings. While on the first leg of the flight to RAF Woodvale Pilot Officer (P/O) Kenneth Mitchell in Typhoon JR439 lost control of his aircraft. The Typhoon dived into the ground close to the then active Dumfries to Stranraer railway line just to the west of the now demolished Little Water of Fleet viaduct and Loch Skerrow. The wreck was found the following day and confirmed to be that of the missing aircraft.

P/O Kenneth Osborne Mitchell was only 22 years old. He is buried in Ayr cemetery.

The most prominent feature of the site is this stone cairn with part of the propeller reduction gearing cemented to the top of it. A few years ago, a plaque was wired to the cairn commemorating P/O Mitchell. Surrounding the memorial are numerous pieces of the aircraft which had previously been a short distance away at the actual crash site.



Keep your dogs safe

Our Council's Environmental Health Team recently received notification about Blue green algae in Mill Loch Lochmaben. Blue green algae is toxic to dogs and livestock and can be fatal. Please be cautious in letting livestock or your dog drink from these sources.

<https://www.pethealthnetwork.com/dog-health/dog-toxins-poisons/blue-green-algae-a-deadly-danger-dogs>

Please contact
Environmental
Health on
030 3333 3000 for
more information.



£312K UP FOR GRABS!
Area Committee Funding
To Support
Local Community Initiatives

#SupportDG

Dumfries & Galloway

Our local area committees have a £312k fund available to support key civic and community initiatives.

Earlier this month all four area committees met, set local priorities, and are now seeking expressions of interest from local community partners to help deliver events, festivals, galas, sport and more.

Cllr Elaine Murray, Leader said, "We're delighted that this £312k is available to our area committees to support local priorities".

Cllr Rob Davidson, Depute Leader said, "This fund is a great way for our local communities to get involved, lead and deliver great community initiatives".

If your group is interested, you can submit an expression of interest form on the 'funding from area committees' page at <https://crowd.in/g00U6U>.

VIRTUAL REALITY - From online to on the wall

During the lockdown period Gracefield Arts Centre ran a very popular weekly virtual exhibition, setting themes such as 'Out of this World' and 'Home Sweet Home' to one based on the Gerald Durrell book 'My Family and Other Animals'! The response was overwhelming with over 80 contributors getting involved and 640 artworks submitted to the 13 virtual exhibitions! As the Gracefield staff promised, they have now opened an exhibition of many of the actual artworks. 'Virtual Reality' opened in Gallery 2 on Friday 11th September and it will run until Saturday 24 October.

The staff at Gracefield have been promoting the exhibition and anyone wishing to view the diverse selection of submissions should book a time to visit at <https://www.ticketsource.co.uk/gracefield-arts-centre>

Here are two of the submissions:



Cake by Tyree Dyson,
Aged 9



Kabuki by Julie Stephen

Bill Cunningham's Film of the Week

Casablanca

This week's choice is a film from 1942 that is listed as one of the greatest ever made - Casablanca. Although initially not a great success the film is now considered a stone-cold classic war romantic drama. It won three Oscars including Best Film and Best Director for Michael Curtiz, plus one for its brilliant screenplay.

The cast is an astonishing list of great Hollywood stars with Humphrey Bogart as the mysterious Rick who owns an American Café in Casablanca in Free French Morocco, Ingrid Bergman as Ilsa, Rick's onetime lover and husband of resistant leader Victor Lazlo played by Paul Henreid. Claude Rains is duplicitous French Police Chief Louis Renault and Conrad Veidt is the ruthless Nazi Major Strasser. Sidney Greenstreet, Peter Lorre and the wonderful avuncular S.Z. Zakall are familiar faces from the 1940's films. And of course, Dooley Wilson who plays the song 'As Time Goes By' even though he was a drummer and had to fake the piano playing (the producers also considered over-dubbing his singing).

Many of the cast were refugees from Europe (only three of the credited cast were born in the USA) and similarly many of the extras were escapees from the war. So much so that in the famous scene when the Marseillaise was sung to blot out a Nazi anthem many



extras were seen to be in tears. This lends the film an authenticity that still comes through. The script is perfect and many of the famous lines from Bogart that are still quoted today. No matter how many times I have seen it I love the characters, the atmospheric photography and the directness of the story telling played to perfection.

Casablanca is currently on BBC iPlayer.

Bill Cunningham worked as a member of staff at the Robert Burns Centre Film Theatre and, previously, wrote the film page for the Dumfries & Galloway Standard.



"We realize the importance of our voices only when we are silenced." Malala Yousafzai.

Malala is a activist for female education, now 23, she was the youngest Nobel Prize Laureate at the age of 17.

Activities Page

Food and Drink Quiz

1. Which type of beans are used to make baked beans?

- a) Borlotti beans
- b) Haricot beans
- c) Cannellini beans
- d) Flageolet beans



2. What does IPA stand for?

- a) Intensely potent ale
- b) India pale ale
- c) India premium ale
- d) International porter association

3. Bobotie is the national dish of which country?

- a) Nigeria
- b) Ethiopia
- c) South Africa
- d) Kenya

4. Which year did The Great British Bake Off first appear on TV?

- a) 2009
- b) 2010
- c) 2011
- d) 2012



5. Which of these chocolate bars does not contain nuts in its ingredient list?

- a) Snickers
- b) Double Decker
- c) Picnic
- d) Toblerone

6. Which flower does the spice saffron come from?

- a) Orchid
- b) Crocus
- c) Nasturtium
- d) Poppy



7. A Whitby Bun is flavoured with what?

- a) Raspberry
- b) Coffee
- c) Cinnamon
- d) Lemon

8. Gruyère is a cheese from which country?

- a) France
- b) Switzerland
- c) Austria
- d) Germany



9. What are the two main ingredients in the dish Cullen Skink?

- a) Smoked haddock and parsnips
- b) Cabbage and potatoes
- c) Smoked haddock and potatoes
- d) Smoked salmon and potatoes

10. Which of these cocktails does NOT typically include gin?

- a) Bramble
- b) Collins
- c) Gimlet
- d) Cosmopolitan



11. Which of these is NOT a type of mushroom?

- a) King oyster
- b) Chicken of the woods
- c) Tiger's tail
- d) Lion's mane

12. Shirley, Ailsa Craig and Mr Stripey are all types of what?

- a) Courgette
- b) Apple
- c) Tomato
- d) Aubergine

13. Which French city is known for the fish stew Bouillabaisse?

- a) Marseille
- b) Nice
- c) Bordeaux
- d) Paris



14. What is a spoot?

- a) A type of potato
- b) A type of root vegetable
- c) A type of clam
- d) A type of kitchen implement

15. A Magnum holds two standard bottles of champagne, a Réhoboam holds six, but how many bottles of champagne in a Nebuchadnezzar?

- a) 6
- b) 12
- c) 20
- d) 16

Our Museums and Galleries are open!

The majority of Dumfries Galloway Museums and Galleries are now open again. Did you know that Gracefield Arts Centre, Kirkcudbright Galleries and the Robert Burns Centre have their own cafés? They serve delicious hot and cold food and drinks and very scrummy cakes and traybakes. Booking necessary!

**RESTART
RENEWAL
RECOVERY**

Gracefield Arts Centre, Dumfries



28 Edinburgh Rd, Dumfries
Café Tel 01387 262084

The Robert Burns Centre, Dumfries



Mill Rd, Dumfries
Café Tel 01387 320102

Kirkcudbright Galleries



3B St Mary St, Kirkcudbright
Café Tel 01557 331276

Key Contacts



National COVID-19 Helpline 0800 111 4000

For people who don't have family or existing community support and can't get online and who are over 70, disabled, require the support of mental health services, are pregnant or receive a flu jab for health reasons, will be directed to our dedicated local team who can offer essential assistance.

NHS24 111
www.nhsinform.scot

Emergency 999

Doctor Out of Hours 111

Dumfries and Galloway Council 030 33 33 3000
www.dumgal.gov.uk/SupportDG

Business Support Helpline 01387 260280
Mon-Fri 9am-5pm

Multi Agency Safeguarding Hub 030 33 33 3001

Social Work Out of Hours 01387 273660

Third Sector Dumfries and Galloway 0300 303 8558

**Dumfries and Galloway
Citizens Advice Service** 0300 303 4321
www.dagcas.org

Samaritans 116 123

SHOUT Text SHOUT to 85258 for free

Scotland's Domestic Abuse Helpline 0800 027 1234

Age Scotland 0800 12 44 222
Mon-Fri 9am-5pm

Shelter Scotland 0808 800 444
Mon-Fri 9am-5pm

LGBT Helpline Scotland 0300 123 2523

Childline 0800 1111

If you would like help understanding this or need it in another format telephone 030 33 33 3000

Download the Protect Scotland app to help control coronavirus



Have you downloaded the free contact tracing app?

Protect Scotland alerts us when we've been near another app user who has tested positive.

The more of us that use it, the better it will work.

Help us stop the spread
<http://protect.scot>

Answers

1. (b) haricot beans;
2. (b) India pale ale;
3. (c) South Africa;
4. (b) 2010;
5. (b) Double Decker;
6. (b) Crocus;
7. (d) lemon;
8. (b) Switzerland;
9. (c) smoked haddock and potatoes;
10. (d) Cosmopolitan;
11. (c) Tiger's Tail;
12. (c) Tomato;
13. (a) Marseille;
14. (c) A type of clam;
15. (c) 20.

